

# NANA AKUA SARFOAH OBENG-OKON

White Rock, BC V4B3Y8

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## PROFESSIONAL SUMMARY

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Developed strong organizational and communication skills in collaborative and fast-paced environment. Proven ability to manage multiple tasks, meet deadlines, and contribute to team objectives. Seeking to transition into new field, utilizing transferrable skills to drive success in diverse professional settings.

## SKILLS

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- Proficient in EMR/EHR systems (e.g., Epic, Meditech)
- Teamwork and collaboration
- Fast learner
- HIPAA-compliant documentation practices
- Quick learner
- Problem-solving

## PROFESSIONAL EXPERIENCE

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### 08/2024 to 01/2025 **Post-graduate Internship**

#### **Accra Psychiatric Hospital** – Accra, Ghana

- Completed a rotation in the psychiatric department attending to acute and chronic cases.
- Performed procedures including electroconvulsive therapy, cognitive behavioral therapy, group therapy, psychotherapy, mini mental state examination, mental state examination, and de-escalation techniques.
- Collaborated with healthcare teams to evaluate patient progress and adjust care plans accordingly.
- Supported therapeutic activities by coordinating group sessions under supervision of licensed professionals.
- Assisted in patient intake procedures, ensuring accurate documentation and data entry.
- Managed approximately 60 clients weekly
- Conducted research on best practices in psychiatric care to enhance service delivery methods.

### 02/2024 to 08/2024 **Post graduate internship**

#### **Lekma Hospital** – Accra, Ghana

- Completed clinical rotation in the surgical department attending to acute and chronic cases
- Utilized advanced medical diagnostic techniques and treatment modules to offer best results through multidisciplinary approach
- Formed part of a team of 8 physicians and nurses overseeing 60-90 patients a day

- Performed/assisted surgical procedures in both the emergency department and theater, some of which include wound debridement, primary suturing, splinting of limb, wound irrigation, limb amputation, appendix removal, hernia repair, bowel resection and anastomosis, application of POP, and acute urine retention management
- Developed a patient centered care plan that improved quality of life and reduced re-admission rates of patients
- Assisted healthcare professionals with patient intake and documentation processes.
- Managed appointment scheduling using hospital management software.

12/2022 to 01/2024 **Post-graduate Internship**

**Komfo Anokye Teaching Hospital – Kumasi, Ghana**

- Completed rotations in Internal Medicine and Obstetrics and Gynecology; wards that accommodate about 140- 200 patients
- Collaborated with healthcare staff to maintain a safe and supportive environment for patients.
- Observed and recorded patient behaviors, contributing to comprehensive treatment plans.
- Performed diagnostic and therapeutic procedures including abdominal paracentesis, pleural tap, electrocardiogram tracing, iv cannulation, urethral catheterization, cardiopulmonary resuscitation and nasogastric tube insertion
- Assisted in major surgeries and therapeutic procedures including elective/emergency caesarian section, salpingectomy, central venous catheterization placement, chest tube placement, normal/assisted labor and delivery, and episiotomy repair
- Communicated with multidisciplinary team and family members to build trust, promote openness and provide effective medical attention
- Established a strong relationship with patients by providing compassion, care and support

**EDUCATION**

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02/2025

**Doctor of Medicine (MChB): Medicine**  
**Kwame Nkrumah University of Science And Technology - Kumasi, Ghana**  
 MDC/RN/15604

**LANGUAGES**

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Twi

Native or Bilingual

English

Native or Bilingual

**CERTIFICATIONS**

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- Continuous Professional development- primary suturing techniques, KATH, 2022
- Hand washing and infection prevention techniques, Lekma, 2024.

**COMMUNITY SERVICE & VOLUNTEER WORK**

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- Safe Sleep Supportive Housing, Surrey, BC, 2025-10

- SUMS Place, Surrey Urban Mission, Surrey, BC, 2025-10
- The Salvation Army Church, Surrey, BC, 2025-10

## REFERENCES

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Dr. Zakariah Mohammed  
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## PUBLICATION

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- Author(s) - Nana Akua Sarfoah Obeng-Okon, Douglas Aninng Opoku, Nana Kwame Ayisi-Boateng, Joseph Osarfo, Obed Kwabena Offe Amponsah, Jennifer Ashilevi, Sheneil Agyemang, Frempong Bernard, Helena Addai-Manu, Aliyu Mohammed
- Title: Prevalence and correlates of depression among students in a senior high school in Ghana: A school-based cross-sectional study
- Journals: National Institutes of Health (NIH) | Pubmed | Sage Journals | Research gate | African Population and Health Research Center, 2024

## RESEARCH

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- Co-Author
- Kwame Nkrumah University of Science and Technology December 2022-February 2023
- Public Health department
- Manya Krobo Senior High School, Krobo, Ghana
- Assisted in data collection and analysis for clinical research studies
- Conducted literature reviews and prepared materials for publication
- Gained hands-on experience with software and research tools, including SPSS